

Essence: Sweet children, the *Teacher* is bodiless and you therefore have to make effort to have remembrance. While remembering Baba, when the examination is over, you will then go home and then go home.

Question: You children have to make effort to stay in remembrance. So, what should you never be deceived by?

Answer: When you have a vision of a soul and you see a sparkling light, there is no benefit in that. It isn't that by having a vision or by receiving Baba's drishti, your sins are cut away or you receive liberation; no. In that case, you would be deceived even more. Make effort to have remembrance. It is only by making this effort that you will reach your karmateet stage. It isn't that when Baba gives you drishti, you become pure. You have to make effort.

Om shanti. The spiritual Father sits here and explains to you children, He educates you and teaches you yoga. Yoga is not a big thing. When children are studying, they definitely have yoga with their *teacher*. They think: Such-and-such a *teacher* teaches us to make us the same as Himself. You have that *aim and objective*. You understand that you study in that particular class. The *teacher* there doesn't have to tell you to have yoga with him. You *automatically* have yoga with the one who is teaching you. He doesn't teach you the whole day. You have been studying that for birth after birth and have developed that *practice*. Here, this *practice* of yours is completely new. That One is not a bodily *teacher*. That One is the bodiless *Teacher* whom you meet every 5000 years. He Himself says: I am not your bodily *teacher*. That's why this remembrance doesn't remain. You have to consider yourselves to be souls and that the Supreme Father, the Supreme Soul, the *Teacher*, is teaching you. You definitely have to remember the *Teacher* until you *pass* your examination. By remembering Him, you will *pass* your examination and you will then go home. As soon as your examination is over, the *drama* will *finish*. You children know that you have to play the *parts* of 84 births that are recorded in you souls. You know this now. At the end, when you are there, you will not remember this. You receive all of this *knowledge* here. The *Teacher* Himself sits here and explains all of this *knowledge* to you children which you then have to continue to understand and you also definitely have to stay in remembrance. The Father repeatedly says: "Manmanabhav". 'Manmanabhav' has a meaning. You children understand that the word is *right*. The Father Himself says: Remember Me and your sins will be absolved. This takes *time*. You have to check yourselves. Just as there are other *subjects* in a study – *history*, *maths*, *science* etc. – and *students* can understand to what extent they will *pass*, so it is in the intellects of you children that you will *pass* with so many *marks*. Each of you has to check yourself to see that you do not forget Baba. Many write: Baba, Maya repeatedly makes us forget You. We have many storms of Maya. We have many negative thoughts. Because of not understanding, they write: Baba, there is no sin in this, is there? We have such negative thoughts. When we see someone, we have the thought: I want to do this. There is no sin in that, is there? The Father says: No. Sin is committed when you perform those acts with your physical organs. Baba repeatedly continues to explain to you. You children have this knowledge. You know why Vishnu and Shri Krishna have been given the discus of self-realisation. They have portrayed him killing Akasur and Bakasur (devils) with it. There is no question of killing anyone. It is a matter of cutting away your sins. Shiv Baba is also called the Spinner of the discus of self-realisation. He has the knowledge of the whole cycle. The soul has received from the Father

the knowledge of how the world cycle turns. You have to adopt the discus of self-realisation and burn away your sins. Imbibe knowledge and remember the Father. Only by remembering the Father will your sins be absolved. Each one of you has to make effort for yourself. It isn't that Baba will sit and give you drishti so that your sins are cut away. The Father doesn't sit and do that business. In fact, He does look at everyone. Sins will not be absolved by Him looking at you or giving you knowledge. The Father shows you the way: Do this and that and your sins will be absolved. He gives you shrimat. OK, for instance, when the Father comes, He looks at you, considering you to be souls. It isn't that our sins are cut away by His doing that; no. Sins are cut away through our own efforts. If the Father were to sit and do that, that would become a business. The Father explains: You are able to remember your worldly father in that way. This Father is the One who gives you shrimat. Each of you has to make your own effort. Many think that the drishti of such-and-such a sage or sannyasi is enough. However, even after experiencing their mercy and blessings, people continue to fall. What kind of mercy would they have? They only remember their great element of brahm. The Father clearly shows you the way. He says: Do this and that. You sing: We came bodiless and we have to return home bodiless. That refers to this time. The *versions* of the Father are then useful on the path of devotion. The Father says: Now remember Me and your sins will be absolved. The Father gives you shrimat. This is His *part* in the *drama*. You can call it His help. Shrimat is remembered according to the *drama*. The Father has to give you directions. He says: Consider yourselves to be souls. It isn't that He will give you help and take you into the karmateet stage, no, it takes *time*. You have to make a lot of effort. You have to have a very good practice of considering yourself to be a soul. In fact, mothers have a lot of *time*. Men are concerned with their business. You children have to claim your *lottery* while remembering the Father so that all the rust is removed. You *feel* that so-and-so is a good effort-maker because he keeps his *chart*. Similarly, on the path of devotion, they sit for two to three hours. Those who are in the stage of retirement adopt many gurus etc. but they still don't remember them (gurus) as much as they remember the deities. In fact, deities do not have to be remembered nor do deities ever teach you anything. This is not anything new for you children nor is it a matter of hundreds of thousands of years. The Father comes when the tasks of establishment and destruction have to take place. You children know that destruction takes place every cycle. It also took place in the previous cycle. You continue to write that this also happened 5000 years ago. The path that the Father shows you to attain Him is nothing new. The Father says: I come every cycle and show you the path. You children know that your kingdom is being established. The kingdom of the deities whom you worship is once again being established. The cycle of 5000 years continues to turn. People go crazy. They are all following the directions of Maya. They do not know the meaning of burning Ravan. Your names are "Spinners of the discus of self-realisation". Your *aim* and *objective* is in front of you. Baba has given you souls the knowledge that He has. When the cycle of the *drama* comes to an end, the Father comes and gives you this *knowledge*. The Father Himself comes and teaches you these actions. Later, when you go on to the path of sin, the night begins and we continue to come down; happiness continues to decrease. You have the whole cycle in your intellects exactly as it is in the Father's intellect. However, you have to make effort to become pure. This is why you call out: Baba, come and make us impure ones pure. So, this *knowledge* is needed. You have to change from human beings into deities. The Father comes to teach you children Raj Yoga. No one else knows how to teach you that. You call out to the

Purifier Father: Baba, come and make us pure! You are now becoming pure and charitable souls. The *history* and *geography* of the *world* is being *repeated*. These are such deep matters. People neither know souls nor the Supreme Soul. Only the Father tells you what souls are like and what their *parts are*. It is a *wonder* how a whole *part* is recorded in a tiny soul. As soon as you hear this you have goose pimples. Some people have a vision of a soul; they see a spark of light. However, what is the benefit of that? Here, you have to have yoga. People think that by having a vision they have attained liberation or that their sins have been burnt. In fact, they are deceived even more. The Father continues to explain everything to you. He says: I am telling you deep things. You have the knowledge of the whole cycle in your intellects. Simply remember Baba and the cycle. Also remember the *Teacher* and this *knowledge*. According to the *drama*, you will attain your karmateet stage by remembering Him. You have to return bodiless just as you came bodiless. You carry your divine sanskars with you. There is no *knowledge* there. This is called easy remembrance. People become confused by the word 'yoga'. Those people are hatha (force) yogis. Only the Father teaches you easy yoga. Previously, you heard that the God of the Gita had taught easy yoga. However, you didn't know Him. Due to having 100% *misunderstanding*, people have become impure. There are innumerable directions. The Gita scripture is for those who live at home with their families. You are those of the family path. At first, your path was the pure family path and it has now become the impure family path. It now has to become pure once again. The Father is *ever pure*. He comes to give you shrimat. The Father says: At this time, all have become tamopradhan. At first, you were satopradhan. We were also satopradhan at first and we then became tamopradhan. Anyone who comes - the Pope, priests etc - are at first satopradhan, and then, as *addition* takes place, the whole tree becomes tamopradhan. It is now in its stage of total decay. You children understand that you were satopradhan and that you have become tamopradhan, numberwise. You now have to become satopradhan once again. You will become that, numberwise, according to the *drama*. There is a lot of *detail*. The Seed knows how the tree emerges from Him. Only the Father tells you the secrets of this human world tree. He is also the Master of the Garden. He knows that His garden was very beautiful. The Father has this *knowledge*. There was such a *first-class* garden of God. Now, it is a devilish garden. The kingdom of Ravan is called shaitan. There is violence everywhere. They are all sitting ready with *atomic bombs* etc. Everyone knows that those things are not for storing and that destruction definitely has to take place through them. If destruction were not to take place, how could the golden age come? This is very clear. However, they show that the great Mahabharat War took place and that only the five Pandavas were saved, and that they too then melted away. However, there could not have been any *result* through that. The Father sits here and explains that this *drama* is predestined. Bharat was *looted* and they are now giving the *return*. They will continue to give till the end. You know that everything will be destroyed in destruction. When it was our kingdom, there were no other kingdoms. *History must repeat*. Bharat will become *heaven* once again. There will be the kingdom of Lakshmi and Narayan. There is no mention of any other land there. It is now the end of the iron age and there will then be the kingdom of Lakshmi and Narayan. We are once again becoming that. The Father says: I have come to teach you Raj Yoga. You have become those masters many times: every cycle. It used to be their kingdom over the whole world. They were very wise. There, they don't need to take advice from advisers etc. This *drama* is predestined and it will *repeat*. They call the Shri Krishna Temple 'The land of happiness'. Shiv Baba comes and establishes the

land of happiness. They themselves say that Bharat was heaven 3000 years before *Christ*. At first, there was one religion and then the other religions came. You children should be amazed at how Baba is giving you sovereignty. The Father comes and gives you the fruit of your devotion. It is so easy. However, only those who understood it in the previous cycle will understand it again, numberwise, according to the efforts they make. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Adopt the discus of self-realisation and burn your sins away. Be careful that you don't perform any sinful acts through your physical organs. Make effort for yourself to become karmateet.
2. Do not desire to have a vision. Neither do you receive liberation by having a vision nor are your sins cut away. There is no benefit in having a vision. The rust can only be removed by remembering the Father and this *knowledge*.

Blessing: May you be filled with all attainments and your face show that you have received all elevated attainments.

At the confluence age, you Brahmin souls have received the blessing: May you be filled with all attainments. Souls who have received such a blessing do not need to make effort. The sparkle on their faces shows that they have attained something, that they are souls who are embodiments of attainment. When people see the faces of some children, they say that the destination seems to be very high and that they have had very elevated renunciation. Although their renunciation is visible, their fortune isn't! When you maintain the intoxication of having all attainments and show that fortune, they will then easily be attracted to come.

Slogan: Success is merged where there is zeal and enthusiasm in a gathering of unity that follows one direction.

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