

Essence: Sweet children, continue to remember Baba with love. Constantly follow shrimat and always pay *attention* to the study and everyone will give you *regard*.

Question: Which children can experience supersensuous joy?

Answer: Those who are soul conscious. 1) To achieve this: when you are speaking or explaining to someone, consider yourself, the soul, to be speaking to your brother soul. By making the vision of brotherhood firm, you will continue to become soul conscious. 2) Only those who have the intoxication of being God's *students* will experience supersensuous joy.

Song: Who has come to the door of my mind with the sound of ankle bells?

Om shanti. The Father sits here and explains to you children. In no other organisation do they say that the Father is explaining to His children. You children know that the Father of all the children truly is One. All are *brothers*. You children definitely receive the inheritance from that Father. You can explain the cycle very clearly. This is the confluence age when you receive liberation and liberation-in-life. When you children go into liberation-in-life, all the rest will go into liberation. He alone is called the Bestower of Salvation, the *Liberator* and the *Guide*. There are so many human beings in the kingdom of Ravan. In the kingdom of Rama, there is just the one original, eternal, deity religion. That is called "Arya" and "Unarya". Those who are reformed are said to be Aryan and those who are unreformed are called "Unaryan". No one knows the meaning of this or how the reformed ones became unreformed. Arya was not a religion. Those deities were reformed and then, while taking 84 births, they became unreformed. Those who were the highest, worthy-of-worship ones then became worshippers. Only the Father explains to you the meaning of "Hum so". It is very good to explain the picture of the ladder. It isn't that souls are the Supreme Soul and that the Supreme Soul is a soul; no. This is a variety play. You know that you were worthy of worship and that you then became worshippers, that you were deities and that you then became warriors, etc. You would definitely come down the ladder. There is this account of who takes 84 births. The Father says: You don't know your own births. I tell you about them. This is a cycle and we are the ones who become deities, warriors etc. within it. Twenty one births is very well known. People don't know these things. They are tamopradhan. Now, only you children receive all the *knowledge*, but hardly any understand it. That is why it is said: Only a handful out of multimillions will come and take this knowledge and belong to the deity religion. You shouldn't be amazed about this. It is easy to explain the picture of the cycle. That is the golden age whereas this is the iron age. There are very few people in the golden age. The tree is small at first and then it grows. No one knows about this tree. They hardly understand anything about Brahma. Tell them that Brahmins, the mouth-born creation of Brahma, are definitely needed. They are *adopted* children. Those brahmins are a physical creation whereas you Brahmins are the mouth-born creation. This is the foreign kingdom of Ravan. The Father has to come and establish the kingdom of Rama. So, He would enter someone. See, this one is standing at the very top of the tree. It has now reached the state of total decay. The Father says: I enter this one at the end of the last of his many births. This is the final one of his 84 births and he is doing tapasya. We don't call him God. People of the world have said that God is omnipresent and that He is in the pebbles and stones. This is why they themselves have become like pebbles and stones. Everything of the deities is unique. You are now studying and claiming that status. This is such an elevated study. Those deities are also called gods and goddesses because they are pure and that religion is established by God Himself. So they would surely be a god and goddess, but they are called the emperor and empress. To call Shri Lakshmi and Shri Narayan a god and goddess is blind faith because there is only one God. You differentiate between Shiva and Shankar and show them to be two beings. Due to this, those people say that you even throw out the deities. You have the whole cycle in your intellects, but only those who are maharathis are able to explain this very clearly. There are many who listen to this, but it doesn't sit in their intellects, and so what would they become? They would become maids and servants worth a few pennies. As you make further progress you will have visions, but you won't be able to do anything at that time. *Time* will have come to an end and so what would you be able to do then? This is why Baba continues to caution you. However, it is not possible that everyone will become elevated. Their vessels are not clean; their intellects are filled with rubbish. You need to make very good effort in this. You need to *practise* explaining the pictures a great deal. Otherwise, you will have to repent at the end. You souls are receiving this *food*. These things have to be explained to everyone. There is no question of being afraid. When you have *museums* and exhibitions at big places, your name is glorified. Baba told you to ask everyone for their *opinion*.

Those too should be printed. You children have to do a lot of *service*. You have to check whether or not those people understand that that is the new world and that this is the old world. Anyone should be able to understand this but, because they have lengthened the duration of the cycle, people have become confused. First of all, you have to give the Father's introduction. Those who remain soul conscious are able to experience supersensuous joy. Nothing will happen by you just giving lectures. When you give lectures, you have to understand: I, this soul, am explaining to my brother souls. It requires a lot of effort to become soul conscious, but you children repeatedly forget. The Father Himself comes and explains to you children. It is remembered that souls remained separated from the Supreme Soul for a long time. Only you can understand the meaning of this. Those who are maharathis have to *practise* considering themselves to be souls and remembering the Father a great deal. Only then will they be able to consider themselves to be *powerful*. What would those who don't consider themselves to be souls be able to imbibe? Only by having remembrance will you be filled with power. It is not said: the power of knowledge. It is said: The power of yoga. It is only with the power of yoga that you become the masters of the world. You now have to make many others similar to yourselves. Until you make many others similar to yourselves, destruction cannot take place. Although a big war would begin, it would then end. Many people now have *bombs*, but those are not for keeping. The old world definitely has to be destroyed and the original, eternal religion definitely has to be established. After a short time, everyone will say: Truly, this is the same great war! God is definitely here. When many people come to you, everyone will also begin to accept you and say: These people are growing fast; they have a lot of *might*. To the extent that you stay in remembrance, accordingly, you will be filled with power. You give others *light* by your having remembrance of the Father. This Dada (Brahma) also says: These children do much better *service* than I do. Now, there is still time. No one can stay in yoga accurately. They themselves *feel* that they lack yoga and this is why the arrow doesn't strike the target. God is filling the kumaris with the arrows of knowledge. You are Prajapita Brahma Kumars and Kumaris. This one is Brahma and you are the *adopted* children. There is just the one *Creator* and all the rest are studying. Brahma is also included in that. So then, this is the creation. You are going to become deities; you are imbibing divine virtues. In some cases, both wheels (a couple) are not able to follow this path. It is as though they are standing on sand. Baba does not mention any names. However, you should understand that Baba is telling the truth. You children, too, can know the natures of those you work with. You children understand that you were the crown on the head and that you are now becoming that once again. When you explain to others, they are at first not ready to believe you. Then, gradually, they begin to understand. A lot of wisdom is needed for this. The intellect is in the soul. The soul is the truth, the living being and the embodiment of bliss. You children are now being made to become soul conscious. Not until the Father comes can anyone become soul conscious. The Father now says: May you be soul conscious! Constantly remember Me alone and you will receive power from Me. This religion is very powerful; it rules over the whole world. Is this a small thing? You receive power by having yoga with the Father. This is a new thing which you have to explain very clearly. He alone is the unlimited Father of souls. He alone is the Creator of the new world. You can tell them the *occupation* of Shiva and what He comes and does. They celebrate the birthday of Shri Krishna and also of Shiva. Now, who is the greater of the two? The Highest on High is the incorporeal One. What did He do that people celebrate the birthday of Shiva? What did Shri Krishna do? It is written that the Supreme Father, the Supreme Soul, enters an ordinary, old body and carries out establishment. There are many different opinions. There is only one *shrimat* through which you become elevated. How could you become elevated by following the dictates of human beings? These are God's directions which you only receive once, at the confluence age. Deities do not give directions. They change from human beings into deities and that's it. There, they don't adopt gurus etc. Here, human beings take directions from gurus. Therefore, you have to explain to them tactfully that you are Raja Yogis. Hatha yogis can never teach Raja Yoga; they belong to the path of isolation. Only those who belong to the family path should go on pilgrimages. You children must not become confused about anything. This is the predestined *drama* which continues to *repeat*. Your *service* continues as it did in the previous cycle. The *drama* inspires you to make effort. You do it exactly as you did in the previous cycle. You can understand from the behaviour of those who make effort. This is why, at the exhibitions, you have to appoint a *guide* for a *group*, so that that *guide* can explain very well. The Father who is teaching you knows this very well. He makes your intellects very broad and unlimited. You should have the intoxication of whose children you are! God is teaching you! If some are unable

to study, they run away. God also understands: This one is not My child. You saw how some children of God were studying and then ran away. Then, after understanding something, they began to study again. If they then stay in yoga very well, they can claim a high status. They would understand that they truly *wasted* a lot of *time* by leaving such a *school*. They will definitely claim their inheritance from the Father now. By remembering the Father and saying, “Baba, Baba!”, you would have goose pimples. Baba is inspiring us to claim an elevated status. We are so fortunate! You should repeatedly have remembrance of Baba and also continue to follow *directions* so there can then be a lot of progress. Everyone would give such a person a lot of *regard*. Baba says: The uneducated ones will bow down in front of the educated ones. Those who have body consciousness cannot imbibe divine virtues. Your faces should be *first class*. It is said: Ask the ones God is teaching about supersensuous joy. You should pay so much *attention* to the study and also follow shrimat. Even the world becomes pure with your power of yoga. You make the world pure with yoga. It is a wonder! You have to lift the mountain with your fingers. (A memorial of the Goverdhan mountain lifted by everyone’s finger of co-operation.) That is a symbol of those who made this dirty world pure. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order for your intellect to imbibe true knowledge, you have to make the vessel of your intellect pure and clean. Remove wasteful things from your intellect.
2. Pay full *attention* to imbibing divine virtues and the study and experience supersensuous joy. Always maintain the intoxication of being God’s children and that He Himself is teaching you.

Blessing: May your intellect have faith and may you stay carefree and reach your destination of perfection with the *foundation* of faith.

Faith is the *foundation* of perfection in Brahmin life and if this *foundation* is strong, it is then guaranteed that you can easily reach your destination of perfection at a fast speed. Those who have accurate faith remain constantly carefree. Accurate faith is to know your soul-conscious form, to accept it and to move along according to that and know the Father accurately as He is, His form and the way that He plays His *part*. Those whose intellects have such faith are victorious.

Slogan: Those who donate to everyone their time, their happiness and the desire for attainment are great donors.

* * * O M S H A N T I * * *

With avyakt silence, experience the double light angelic stage

In the beginning, you used to practise: You are moving, but your stage was such that others would feel, that a light is passing by them. They were not able to see your body. With this practice, you passed every type of paper. Now that the times to come will be very bad, increase the practice of being double light. When others constantly see your form of light, that is your safety. When they enter, let them only see a fortress of light.