

**Let pure and loving feelings *emerge* and become
victorious over the great enemy, anger.**

Today, BapDada is pleased to see His birthday companions as well as His service companions. Today, all of you are enjoying the happiness of BapDada's alokik birthday together with the happiness of the birthday of His birth companions. Why? No one else can have such a unique and extremely lovely, alokik birthday. You would never have heard that the birthday of the father is the same as the birthday of the children. Today, all of you are celebrating this unique and lovely, alokik birthday that is as valuable as a diamond. As well as this, all of you are aware of the uniqueness and loveliness of this alokik birthday, which is so unique, in that God the Father Himself is celebrating the birthday of the children. The Supreme Soul is celebrating the birthday of the children, the elevated souls. Just for the sake of it, many people in the world say that the One who created them is God, the Supreme Soul, but neither do they know that nor do they live in that consciousness. All of you speak from experience that you belong to God's clan and that you belong to Brahma's clan. The Supreme Soul celebrates your birthday and you celebrate God's birthday.

You have arrived here from everywhere today for what? In order to give greetings and to receive greetings. Therefore, BapDada is especially congratulating His birthday companions. He is also congratulating His service companions. As well as congratulating you, BapDada is also showering you with supreme pearls of love, diamonds and ornaments. You have seen pearls of love haven't you? Do you know what pearls of love are? Everyone else showers flowers, showers gold, but BapDada is showering all of you with supreme love, with pearls of alokik love. BapDada is not congratulating you just one-fold, but He is congratulating you multi, multi, multimillion-fold from the heart. You are also giving congratulations from your hearts. They are also reaching BapDada. Therefore, today is a day of celebration and also a day of giving greetings. What do you do when you celebrate something? A *band* plays. Therefore, BapDada is listening to the *bands*, the harmoniums, and the songs of happiness of your minds. Devotees continue to call out, whereas you children merge yourselves in the Father's love. You do know how to merge, do you not? This merging is what makes you become equal.

BapDada cannot separate the children from Himself. You children too do not want to be separated, but sometimes some of you step away a little through the games of Maya. BapDada says: I am the Support of you children. However, children are mischievous, aren't they? Maya makes them mischievous: You are not really like that, but Maya makes you become that. She makes you step away from this Support. In spite of that, BapDada becomes your Support and brings you closer. BapDada is asking all of you children: What does each one of you want in your lives? *Foreigners* like two things very much. It is a *favourite* word of the *foreigners*. Tell Baba what those two words are! (*Companion* and *company*.) You like both of these words. If you like them, raise one hand. Do the people from Bharat like them? The *Companion* is essential, and *company* too is essential. You can neither stay without your *Companion* nor can you stay without *company*. So, whom have all of you found? Have you found your *Companion*? Say, "Ha ji" or "Na ji"! (Ha ji.) Have you found *company*? (Ha ji) Did you ever find such *company* or such a *Companion* throughout the whole cycle? Did you find them in the previous cycle? He is such a *Companion* that He never steps away. No matter

how mischievous you become, He still remains your Support. He also fulfils your heart's desires and makes you full of all attainments. Is there any attainment lacking? Is everyone's heart really saying "yes" or are you simply saying "yes" as a discipline? You sing, "We have attained everything we wanted." Or, do you still have to attain it? Have you attained it? Is there anything more that you still have to attain? Or, do you still have a few desires left? Have all of your desires been fulfilled or do some still remain? Are there any left? BapDada says that some desires still remain. (The desire to reveal the Father still remains.) It is the Father's desire that all the children should know that the Father has come. The Father has come and some children are left out. This is why it is BapDada's special desire that everyone should at least come to know that their everlasting eternal Father has come. However, the children have desires out of love. The rest of the limited desires are fulfilled, but their desires out of love still remain. Each one of you wants to come onto the *stage*. Do you have this desire? (Now, Baba Himself comes to everyone.) Has this desire also been fulfilled? You are contented souls. Congratulations. Because all of you children are sensible. You understand that, according to the time, you have to make your form the same. This is why BapDada too is bound by the bonds of the *drama*, is He not? Therefore, all of you children are constantly content according to the time, and you constantly continue to sparkle as jewels of contentment. Why? You yourselves say: "We have attained everything we wanted." These are the words of Father Brahma's first experience. Therefore, the words of Father Brahma are the words of all the Brahmins. Therefore, BapDada is making all of you children *revise*: Constantly stay in the Father's *Company*. The Father has made you experience all relationships with Him. You even say that all your relationships are only with the Father. Since all of your relationships are with Him, why do you not use each relationship according to the time in your tasks? When you constantly continue to experience all the relationships that you need depending on the time, you will then have the *Companion* and also the *company*. Your mind and intellect will not then go to other companions. BapDada is making you this *offer*. Since He is *offering* you all relationships, enjoy this happiness of all relationships. Use all these relationships in your tasks.

When BapDada sees that some children sometimes experience themselves to be alone or a little dry, He feels mercy for them. This is because when there is such elevated *Company*, why do you not use this *Company* in your tasks? What do you then ask, "Why? Why?" BapDada has told you not to ask "Why?" When this word "Why?" comes, it is a *negative* word, whereas "*fly*" is a *positive* word. Therefore, never ask "Why? Why?" Instead, remember the word, "*fly*". Make the Father your *Companion* and *fly*. You will enjoy yourselves a great deal. Use Him in both forms: as a *Companion* and your *Company* in all your tasks throughout the whole day. Will you ever find such a *Companion* again? BapDada even says: If you become tired - either physically or mentally - then your *Companion* is also ready to massage you in both ways. He is even *ever-ready* to entertain you. There will then be no need for any limited entertainment. Do you know how to *use* Him in this way? Or, do you think, "He is the greatest Father, He is the *Teacher* and He is the Satguru." However, He is all relationships for you. Did you *double* foreigners understand?

Achcha, all of you have come to celebrate the *birthday*, haven't you? You want to celebrate it, do you not? Achcha, whenever you celebrate a *birthday*, do you give that one a *gift*? Or, do you not give a *gift*? So, today, all of you have come to celebrate the Father's birthday. It

is called Shiv Ratri. Therefore, you have especially come to celebrate the Father's birthday. You have come to celebrate it, have you not? What *gift* did you give for the *birthday* today? Or, are you just going to light the candles and cut the cake? Is this how you will celebrate? What *gift* did you give today? Or, will you give it tomorrow? Whether you give a small gift or a large gift, you do give a *gift*, do you not? So what did you give? You are thinking about this. Achcha, do you want to give a gift? Are you ready to give the gift? Will you give whatever BapDada asks for or will you give whatever you want? What will you do? Will you give whatever BapDada asks for or will you give what you want to give? (We will give whatever BapDada asks for.) Be careful! You will need a little courage. Do you have courage? Do those of you from Madhuban have courage? Do the *double foreigners* have courage? You are very good at raising your hands! Achcha. Do the Shaktis and Pandavas have courage? Do the people from Bharat have courage? Very good! The Father receives these greetings. Achcha. Should Baba tell you? You are not going to say that you will have to think about this, are you? Don't say, "ga, ga". (When "ga" is added to the verb it puts it in the future tense, i.e. We will think about it, we will see to it at some time in the future.) BapDada has seen one thing in the *majority* of you. Not the *minority*, but the *majority*. What has Baba seen? Whenever a *circumstance* comes in front of them, then the *majority* has the *third* number anger. There is one, two and three. The trace of anger in the *third* number *emerges*, even though they do not want it to. Some have it in the form of great rage, some have anger in the form of force and some have the third type of anger in the form of irritation. Do you understand what irritation is? That too is a form of anger. It is slightly less. It is the third type, so it is slightly less. The first type is very powerful. The second type is a little less than that. Then, nowadays, the language that you all use has become very *royal*. What do you say in a *royal* way? Because the situation was like that, there would be some force! So, today, BapDada wants to take this *gift* from everyone. Let alone anger, let there not be even the slightest trace of anger. Why? When you become angry you do *disservice*, because anger always shows itself between two people. It doesn't show when you are on your own. It shows between two people and it is then visible. Even if there is a slight trace of dislike for someone in your mind, there will definitely be some force towards that soul in your mind. BapDada doesn't like this type of *disservice*. So, do not let the slightest trace of any type of anger emerge. Just as you pay *attention* to celibacy, so, it is remembered that just as lust is a great enemy so anger too, is a great enemy. It does not let your pure feelings, feelings of love *emerge*. It will then turn your *mood off*. You will move away from that soul. You will neither go in front of that soul, nor will you speak to that soul. You reject whatever that soul says. You do not allow that soul to make progress. Even those outside are able to see all of this and so then you may say, "Today, that person isn't feeling very well. It isn't anything really." So, can you give this birthday *gift*? Those of you who feel you will try, raise your hands. Those of you who are going to think about giving this gift, they are going to try, raise your hands. The Lord is also pleased with an honest heart. Is there anyone? Stand up! (Some brothers and sisters stood up.) Yes, the Lord is truly pleased with an honest heart. They will try. They are slowly getting up. Congratulations for telling the truth. Achcha, those of you who have said that you will try, how much time do you need to try? It is good that you will try and you may do so, but how long do you want? Do you want one month? Do you want six months? How much time do you want? Will you give this up or do you not even have any aim of giving it up? Those of you who have said that you will try, stand up again! Those who think that they will try for two to three months and then let go of it may sit down. Those of you who

feel that you need six months, even if it does take you six months, you must reduce it. Do not stop paying attention to this because it is most essential. This *disservice* is visible. Even though you may not say anything, it is still visible on your faces. Therefore, BapDada is showering all of you who have maintained your courage with pearls of knowledge, love, happiness and peace. Achcha.

In *return*, BapDada is specially giving all of you as a gift this blessing: Whenever, even by mistake and against your conscious wish, anger shows itself, simply say the words from your heart, “Sweet Baba”. So, those who remain courageous will definitely continue to receive *extra* help from the Father. Say “Sweet Baba”, not just “Baba” on its own, but “Sweet Baba”. So you will receive help. You will definitely receive it, because you have kept the aim. By keeping your aim, you will definitely develop the necessary qualifications. You will develop them, will you not? Those of you from Madhuban, raise your hand! Achcha. You have to do this, do you not? (Ha ji). Congratulations! Very good! Today, Baba will especially give *toli* to all of you from Madhuban. You work very hard. They won’t receive *toli* for becoming free from anger, but for the hard work they do. Everyone will think that, because they have raised their hands, they will receive *toli*. They work very hard. Madhuban is an *example* of making everyone content through the service they receive. Therefore, today, Baba will sweeten their mouths. All the rest of you can sweeten your mouths on seeing their mouths sweetened. You will be very happy, will you not? All of you are making a *programme*, “The Culture of Peace”. This too is one of the *cultures* of the Brahmin family. The manners of the Brahmin clan is the foremost *culture*. BapDada has seen that when Dadis give gifts, they have a jute bag on which it is written: “Speak less, speak softly and speak sweetly”. Therefore, today, BapDada is giving you this gift. He is not giving you the jute bag, but He is giving it in the form of a blessing, as a gift. Let the Brahmin *culture* be revealed on the face and in the behaviour of every Brahmin. You will hold those *programmes* and give lectures, but it is first necessary to have these manners yourselves. Let each Brahmin come into contact with others whilst smiling. Let it not be one type of behaviour with one person and another type with someone else. Do not let go of your *culture* when you see others. Forget the things of the past. Show your new *sanskars* of manners in your lives. You have to show them now. Is this all right? (Everyone said “yes indeed”).

It is very good that the *majority* of *double foreigners* is very good in saying, “Ha ji”. This is good. For the Bharat people to say “Ha ji” is one of their codes of conduct. Just say, “Na ji” to Maya, that’s all! Say “Ha ji, Ha ji” to souls, and “Na ji, na ji” to Maya. Achcha. Did all of you celebrate the birthday? Did you celebrate it and give a *gift*? Have you accepted the *gift*?

Achcha. In addition to all of you, there are many other gatherings at different places. At some places, there are small gatherings and at other places, there are large gatherings. Everyone is listening and watching. BapDada asks them too: Did all of you give the gift for today or not? They are all saying, “Ha ji Baba”. They are good! Even though they are sitting at a distance, it is as though they are sitting in front of Baba. The *scientists* make so much effort. They do make a lot of effort, don’t they? So, it is the Brahmins who should receive the most benefit, should they not? This is why, since the confluence age began, the facilities of science also began to increase. In the golden age, science will serve you in your deity forms. However, at

the confluence age, you Brahmins receive all the facilities of *science*. In service too, these inventions of *science* will become co-operative in an unlimited way for glorification. This is why, BapDada is also giving congratulations to the children who are instruments for science for their hard work.

BapDada saw many very, very beautiful cards that have come to Madhuban from this land and abroad. There are also letters and *messages* of love and remembrance sent through others. BapDada is giving them special love and remembrance and is also giving them multi-multi-multi-multi-million-fold congratulations. All the children are appearing in front of BapDada's eyes. All of you saw just the *cards*. BapDada is also seeing them with the eyes. They send these with a lot of love and BapDada accepted them with that same love. Many have also written about their stage. Therefore, BapDada says: Fly and make others fly! By flying, everything will be left down below and you can remain high above with the highest-on-high Father. *Stop* in a *second* and let your *stock* of powers and virtues *emerge*. Achcha.

To all the elevated Brahmin souls everywhere, to those who constantly stay in the Father's *company*, to the loving souls who make the Father their Companion, to those who constantly remain merged in the ocean of the Father's virtues, and who are equal, to BapDada's elevated souls, to the *master* ocean (sindhu) souls who constantly put a full stop (bindu) in a *second*, love, remembrance and many, many congratulations, congratulations, congratulations from BapDada. BapDada says namaste to each child all the time, and today too, namaste.

Blessing: May you become a remover of sorrow and a bestower of happiness and have all attainments by having powerful vision (*drishti*) and an attitude of purity.

The medicine of *science* has the temporary power to stop pain and suffering, but the power of purity, that is, the power of *silence*, has the power of blessings. This powerful vision and attitude of purity enables you to have attainment for all time. This is why people go in front of your non-living images and call out to you and ask for mercy. It is because you had become *master* removers of sorrow and bestowers of happiness and had been compassionate in the living form that you are worshipped on the path of devotion.

Slogan: In view of the closeness of the time, true tapasya and spiritual endeavour is unlimited disinterest.

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Notice: Today is the 3rd Sunday International Yoga day, when all Brahmin children have meditation from 6.30 to 7.30 pm. Being stable in the stage of a master bestower, through your mind donate to all souls all powers and blessings and enable them to experience fullness.