

**Throughout the whole year, be a jewel of contentment,
remain constantly content and make everyone content.**

Today, BapDada, the Comforter of Hearts, is pleased to see each one of His royal, beloved children (raj-dulari), the extremely lovely children from everywhere who are in front of Him and also those who are far away and yet close. Each child is a king and is therefore an especially beloved, royal child. Very few souls in the world attain this love and royal affection from God. However, all of you have a right to God's love and God's royal affection. Souls of the world are calling out, "Come! Come!", whereas all of you are experiencing God's love. You are being sustained with God's sustenance. Do you experience this fortune of yours? Are you experiencing it? BapDada is seeing all of you as those who have a right to a *double* kingdom. You are the kings who have a right to the self-sovereignty of the present time and the kingdom of the future as your birthright. So, you are *double* kings. All of you are kings, are you not? You are not subjects. Are you Raja Yogis? Or, are some of you praja-yogis (yogis who become subjects)? Are there any praja-yogis? Are those sitting at the back Raja Yogis? There aren't any praja-yogis, are there? Are you sure? Say, "Yes", after thinking about it carefully. To have a right to your kingdom means to have a right to all your subtle and physical organs, because you are masters of yourselves, are you not? So, do you become kings only sometimes or do you remain constantly kings?

The main thing is: do you have a right over your mind, intellect and sanskars? Do you constantly have a right over them or only sometimes? Self-sovereignty means constantly to have self-sovereignty. Or, is it that you have it one day and not the next day? A kingdom is for all time, is it not? So, constantly to be a self-sovereign, a master of oneself, means constantly to have a right over your mind, intellect and sanskars. Do you have this all the time? You are not saying "Yes" to having this all the time. Is it that the mind sometimes rules you, or do you rule your mind? Does your mind become your master sometimes? It does become this, does it not? So, always keep your right to self-sovereignty and so one who has a right to the kingdom of the world.

Therefore, constantly *check* this, because for however long and with however much power you have a right over your organs – your mind, intellect and sanskars – you will accordingly receive a right to the kingdom in the future. If, on the basis of receiving God's sustenance, God's education and God's shrimat, you don't always have this right in this one birth of the confluence age, then how would you become one who has a right to the kingdom of the world for 21 births? There is an account. Only when you are a master of yourself at this time, that is, only by becoming a king of yourself at this time, will you have a *guarantee* for 21 births. "Who am I and what will I become?" Through your rights of the present time, you yourselves can know your future. Just consider how elevated the original and eternal *personality* and *royalty* of you special souls is! Look at the eternal form of you souls when you reside in the supreme abode; you are seen as such brightly sparkling souls. How bright the sparkle of that *royalty* and *personality* is! Can you see it? In the form of souls, you stay with the Father, you stay close. Just as some stars sparkle very brightly in the sky, in the same way, you souls are especially with the Father and you are the stars who have a special sparkle. In the supreme abode, you are close to the Father and then, at the beginning of the golden age, the *personality* and *royalty* of you deity souls is so high. Go around the whole cycle. Religious souls have come and gone, great souls have come and gone, fathers of religions have come and gone, political leaders have come and gone, actors have come and gone: do any of them have such *personalities* as you deity souls have in the golden age? Your deity forms are appearing in front of you, are they not? Are they coming in front of you or do you not know whether you will become those or not? Is it firm that you will become those? Those sitting at the back, is this firm? Bring your deity forms in front of you and look at them: have those *personalities* come in front of you? There is so much *royalty*! Even nature becomes such that it has a *personality*. The birds, trees, fruit, flowers, all have a *personality*, they are *royal*. OK, now come down and look at your worthy-of-worship forms. You are worshipped. Will you *double foreigners* become worthy of worship or will those from India become that? Did you become deities? Not those with an elephant's trunk or those with a tail. Not those goddesses with the form of Kali, but look at the temple of the deities. There is so much *royalty* and *personality* in your worthy-of-worship forms. There would be an idol of 4ft or 5ft and they would make such a big temple. This is *royalty* and *personality*. Nowadays, they make a statue of a *prime minister* or a king and

place that poor statue in the heat outside. Anything can happen to it, whereas how great the *personality* of your worthy-of-worship form is! It is very good, is it not? You kumaris are sitting here, are you not? This is your *royalty*, is it not? Then, at the end, at the confluence age too, the *royalty* of all of you is so high! The *personality* of Brahmin life is so great! God Himself has *directly* filled your Brahmin lives with *personality* and *royalty*. Who is the artist of Brahmin life? The Father Himself. What is the *personality* and *royalty* of Brahmin life? *Purity*. *Purity* itself is *royalty*. It is, is it not? All of you Brahmin souls sitting here, you have the *royalty* of *purity*, do you not? Yes, you may nod in agreement. Those sitting at the back are raising their hands. You are not at the back, you are in front of Baba. Look, Baba's vision automatically goes to the back. To look at the front, He has to make special effort to see them, whereas His vision *automatically* goes to the back.

Therefore *check*, do I constantly have the *personality* of *purity*? Is there *purity* in my thoughts, words and deeds, attitude, vision and behaviour? To have *purity* in thoughts means always to have good wishes and pure feelings for everyone. No matter what another soul may be like, a soul who has the *royalty* of *purity* would constantly have thoughts filled with good wishes, pure feelings, feelings of benevolence, feelings of mercy and the feelings of a bestower. As they look around, they would constantly see everyone as a soul or would see everyone in their angelic form. Even if the other one hasn't become an angel, in my vision, let me only see the form of a soul or an angelic form. In my behaviour, that is, in my connections and relationships and activity, I always have to give love and happiness to everyone. Whether or not others give me love, my duty is to give them love and make them loving, to give them happiness. You have a *slogan*: "Do not cause sorrow, do not take sorrow." You must neither cause it nor take it. Someone who gives things may sometimes also cause you sorrow, but see that in the consciousness of happiness. You don't make someone who has fallen fall even further. You always uplift those who have fallen. Those souls are causing sorrow because they have fallen and are under an external influence! Therefore, you mustn't make them fall even further down. It shouldn't be that you kick those poor people even more. No. Uplift them with love. In this too, *first, charity begins at home*. First of all, *charity begins at home*, does it not? Uplift all your companions, your service companions and companions of the Brahmin family. Even if they reveal their bad traits, you simply see their specialities. It is numberwise, is it not? Look, the rosary is your memorial. So, not everyone has the same *number*. There is the *number* 108. So, it is numberwise and it will remain like that, but what is your duty? It is not to think: "OK, I am not in the eight anyway, so perhaps I shall become part of the 108. So, I could be the *last* one of the 108. Therefore, I would also have some sanskars in me, would I not?" But no! By giving happiness and love to others, your sanskars will also become those of love and happiness. This is service, and in this service, *charity first begins at home*.

Today, BapDada found something amusing. Should He tell you? Just see, you will also find it amusing. BapDada continues to watch the games of you children. At any time in a *second*, BapDada switches on His TV of one centre, and sometimes at another centre. Sometimes, at the centres abroad and sometimes, at the centres in India. He *switches* it on and is able to tell what each one is doing, because the Father has love for you children. You children also say: "We have to become equal to Him." It is firm, is it not, that you have to become equal? Kumaris, are you going to become equal? Or, is it OK with whatever you become in the *drama*? No. You have to become equal. All of you kumaris have to become equal. Even if you have to die, no matter what you have to do raise your hands after careful consideration. Yes, those of you who feel that it doesn't matter what you have to do - you may have to die, bow down, tolerate or to listen to anyone - raise your hands! Kumaris, raise your hands after considering it carefully. Take their *photograph*! There are many kumaris. What if you have to die? What if you have to bow down? Pandavas, raise your hands! Did you hear, you have to become equal! There won't be any pleasure if you don't become equal. In that case, you won't be close in the supreme abode either. There will be a difference in becoming worthy of worship and there will also be a difference in the fortune of the kingdom of the golden age.

You love Father Brahma, do you not? *Double* foreigners have the maximum love. Those who have deep love in their hearts for Father Brahma, raise your hands! Do you *double* foreigners have love in your hearts? Achcha! It is real love, is it not? Now, Baba will ask you a *question*. A sign of love is that whoever you love, you would

like doing what the one you love likes doing. Only when the sanskars, thoughts and natures of both *tally* with one another do you find each other loving. If you love Father Brahma, you will stay with him for 21 births, from the first birth. It is not good if you come in the second or third birth. You will stay with him from the *first* birth till the *last* birth. You will stay with him in different forms. So, who can stay with him? Those who are equal. He is the *number one* soul. So, how will you stay with him? Only when you become *number one* will you stay with him. *Number one* in everything: in your thoughts, words, deeds, attitude, vision and behaviour. So, are you *number one* or numberwise? If you have love, then it is not difficult to sacrifice anything out of love. In the *last* birth at the end of the iron age, even those who have *body-conscious* love sacrifice their lives out of love. So, what is the big deal if you transform your sanskars out of love for Father Brahma? Is it a big deal? It isn't. So, will everyone's sanskars *change* from today? Are you sure? A *report* will be sent. Your companions will write to Baba. Are you sure? The Dadis are also listening. They (the double foreigners) are saying that their sanskars have changed. Or, will it take *time*? Mohini, you tell Baba. They will change, will they not? They will all change, will they not? Those from America will change. The amusing part has been left out.

The amusing thing is that all of you say that you make a lot of effort. BapDada too feels mercy when He sees that you are making a lot of effort. Sometimes, you make a lot of effort and what do you say: "What can I do if my sanskars are like that?" You use your sanskars as an excuse and justify yourself in that way. However, today, the Father saw that when you say, "My sanskars", are they really your sanskars? Each of you is a soul. You are a soul, are you not? You are not a *body*, are you? So, what are the sanskars of you, that soul? And, what are your *original* sanskars? Whatever you refer to today as yours, are they yours or Ravan's? Whose sanskars are they? Are they yours? They are not yours. So, why do you say that they are yours? You say: "My sanskars are like that", do you not? So, from today, don't say, "My sanskars!" No. Sometimes, rubbish comes flying to you from everywhere, does it not? So, this thing of Ravan's has also come to you. So, how can you say that they are yours? Are they yours? They aren't, are they? So now, never say this. Whenever you say the word "Mine" then remember who you are and what your sanskars are. In *body consciousness* they are your sanskars. However, in soul consciousness, those sanskars are not there. So, now transform that language. You say, "My sanskars" and become careless. You would say: "That was not my intention, but those are just my sanskars." Achcha, what is the other word you use? "My nature." The word "swabhav" nature (swa – self, bhav – feeling) is so good. One's self is always good. My nature, my intention is always good, it is never bad. So, instead of using the words, "My nature, my sanskars", *change* that language. Whenever you use the word "my", then remember: What are my *original* sanskars? Who is saying this? It is the soul that says: "These are my sanskars." So, when you think about this, you will be amused with yourself. You will feel amused, will you not? When you are amused, all the complications that you create would end. This is called transforming your language, that is, to have respect and regard for every soul. Constantly stay in self-respect for yourself and regard others with respect. When you look at everyone with respect, then, when anything happens that you don't like, when there are some complications, you don't like them, do you? Look at one another with respect. This one is a special soul. This one is a Brahmin soul who has received sustenance from the Father. This soul is one of the few out of multimillions. Just do one thing: let the point remain merged in your eyes, that's all! Firstly, you see with the point (pupil of the eye) and secondly, merge the point in your eye. Then, no conflict will happen. You won't have to make effort. It will be as though a soul is looking at a soul. A soul is speaking to a soul. Create a soul-conscious attitude and soul-conscious vision. Do you understand what you have to do? Now, never say: "My sanskars." When you speak of swabhav (your original nature), stay in the nature of yourself. Is this OK?

BapDada wants that, throughout the whole year, even though the *season* is only six months, throughout the whole year, whenever you meet anyone, whoever you meet, whether it is amongst yourselves or with other souls, whenever you meet, whoever you meet, give them the co-operation of contentment. You yourself should remain content and also make others content. The self-respect of this *season* is: "jewel of contentment." Always a jewel of contentment. A brother is also a jewel (mani – feminine tense), not a masculine jewel (mana – masculine tense). Each and every soul is a jewel of contentment at every moment. If you yourself are content, you will also make others content. Remain content and make others content. Is this OK? Do you like this? Do you kumaris

like this? Those who like this and will do it – not those who simply like to hear it, but those who like to do this – all of you, raise your hands! All the hands are seen; you have pleased BapDada's heart. Very good. Congratulations. Congratulations. No matter what happens, remain stable on your *seat* of self-respect. Don't wander around, sometimes on one *seat*, sometimes on another *seat*; no. Remain stable on your *seat* of self-respect. When you are seated on your *seat* of self-respect, if anything happens, then look at it as though you are watching a *cartoon show*. You like watching *cartoons*, do you not? So, the problem is not then a problem but it is a *cartoon show* that is being performed. A lion comes, a sheep comes, a scorpion comes, a dirty lizard comes. It is a *cartoon show*. Don't become *upset* whilst on your *seat*. You will then enjoy it.

To all the especially beloved, royal children, to all the loving, co-operative children who are becoming equal, to the children who make their elevated feelings for themselves and their original sanskars *emerge* in their forms, to the children who constantly give happiness and love to everyone, to those who become jewels of contentment and constantly spread rays of contentment, BapDada's love, remembrance and namaste.

Blessing: May you become a *master* bestower like Father Brahma and experience the stage of having pure and positive thoughts for yourself and others.

In order to become a *master* bestower, like Father Brahma, remain free from three things: jealousy, dislike and being critical, and have pure and positive thoughts for all and experience the stage of only having pure and positive thoughts. This is because those who have the fire of jealousy in them burn themselves and also cause distress for others. Those who have dislike fall and also make others fall, and those who even jokingly criticise others discourage them and make them unhappy. Therefore, remain free from these three things and experience the stage of having pure and positive thoughts and thereby become a *master* bestower, a child of the Bestower.

Slogan: Those who have total sovereignty over their minds, intellects and sanskars are masters of themselves, self-sovereigns.

With your powerful mind, do the service of giving sakaash.

You Brahmin children are the trunk and the whole tree receives sakaash from the trunk. So now, become those who give sakaash to the world. If you have 20 centres, 30 centres, or 200 to 250 centres or your zone in your intellect, you will not be able to give sakaash to the unlimited. Therefore, constantly stay beyond any limits, and begin the part of doing unlimited service. By going into the unlimited, you will automatically become free from anything limited. To have transformation with unlimited sakaash is the *result* of *fast* service.

*** O M S H A N T I ***