



## Clean & Charge Energy Points For Mental, Financial, Relationship and Astrological Problems

Improve Mental Strength	Improve Financial Situation	Improve Personal Relationships
<b>Mind, Power to Withdraw, Conscious Mind:</b> Point no 14 <u>Practice</u> – Bliss is the religion of my mind.	<b>Power, Root Chakra, Earth Element:</b> Point no 12 <u>Practice</u> – I, the soul, am the child of the Supreme Soul, endowed with the wealth of all powers.	<b>Mother, Mother-in-law:</b> point no 10 <u>Practice</u> – I am child of the ocean of peace, I am a peaceful soul. <b>Father, Father-in-law:</b> point no 12 <u>Practice</u> – I am the child of the Almighty authority, I am master almighty authority.
<b>Intellect , Knowledge, Power to Judge, Aether Energy, Subconscious Mind:</b> Point no 16 <u>Practice</u> – Knowledge is the religion of my intellect.	<b>Intellect, knowledge, power to judge, Aether Energy, Third Eye Chakra</b> Point no 16 <u>Practice</u> - I, the soul, am endowed with the wealth of knowledge, I am master sun of knowledge.	<b>Teacher, Guru, God:</b> point no 11 <u>Practice</u> – I am the child of the ocean of purity, I am a pure soul. <b>Brother, sister, relatives &amp; colleagues:</b> point no 1 <u>Practice</u> – I am the child of the ocean of happiness, I am a happy soul.
<b>Resolves, Power to Adjust, Unconscious Mind:</b> Point no 15. <u>Practice</u> – Purity is the religion of my resolves.	<b>Purity, Water Element, Sacral Energy Chakra</b> Point no 11 <u>Practice</u> - I, the soul, am endowed with the wealth of Purity, I am pure soul.	<b>Spouse:</b> point no 2 <u>Practice</u> – I am the child of the ocean of love, I am a loveful soul. <b>Children:</b> point no 13 <u>Practice</u> – I am the child of ocean of bliss, I am a blissful soul. <b>Self:</b> point no 16 <u>Practice</u> – I am the child of the ocean of knowledge, I am master sun of knowledge.

Planetary Period (ग्रहों की दशा)	Planetary Period ill Effects	Improve Astrological Planetary Period Effects (ग्रहों की दशा)
Sun	Stubbornness, dominating nature	No. 8 Power to Cooperate; No. 15 Resolves; No. 1 Fire Element
Moon	Up and down changes in mentality/psyche	No. 14 Mind; No. 10 Peace; No. 11 Water Element
Mars	Getting very angry easily	No. 12 Power; No. 6 Power to Face
Mercury	Lose ones reasoning power, unable to take good decisions	No. 7 Power to Discriminate; No. 16 Intellect; No. 2 Love
Jupiter	Behave badly with others	No. 4 Politeness; No. 5 Introvertedness; No. 13 Angelic State; No. 1 Joy
Venus	Pleasure seeking mentality, increased indulgence in sex-lust	No. 11 Purity; No. 12 Power; No. 1 Joy
Saturn	Remain stressful always	No. 9 Power to Tolerate; No. 3 Determination; No. 16 Intellect
Rahu	Loss of health, wealth and mental state	No. 14 Mind; No. 15 Resolves; No. 16 Intellect
Ketu	Changed mentality and degradation of qualities (sanskar)	No. 14 Mind; No. 15 Resolves
Neptune	Increased mental peacelessness	No. 10 Peace; No. 15 Resolves
Uranus	Destructive mentality	No. 15 Resolves; No. 16 Intellect